

NAMI Delaware & Morrow Counties OCTOBER FAMILY SUPPORT GROUPS

You can connect to online support groups at www.NotAloneOhio.org

FAMILY SUPPORT GROUPS are for adults 18 years and older who have loved ones who have experienced mental health symptoms

Thursday, October 1, 10:00 – 11:30 am, NAMI Family Support Group, <https://us04web.zoom.us/j/8316005725> or call 312-626-6799 enter meeting ID 831-600-5725

Thursday, October 1, 6:30 – 8:00 pm, FaithNet St. John Neumann Catholic Church (has a faith component), <https://chime.aws/9159669482> or call 267-866-0999 enter meeting ID 9159 66 9482 256

Monday, October 5, 6:30 – 8:00 pm, FaithNet, Heritage Christian Church (has a faith component), meets in person at 7413 Maxtown Road, Westerville. Must wear mask.

Tuesday, October 13, 6:30 – 8:00 pm, NAMI Family Support Group, <https://us04web.zoom.us/j/8316005725> or call 312-626-6799 enter meeting ID 831-600-5725

Thursday, October 15, 10:00 – 11:30 am, NAMI Family Support Group, <https://us04web.zoom.us/j/8316005725> or call 312-626-6799 enter meeting ID 831-600-5725

Monday, October 19, 6:30 – 8:00 pm, FaithNet, Heritage Christian Church (has a faith component), meets in person at 7413 Maxtown Road, Westerville. Must wear mask.

Tuesday, October 27, 6:30 – 8:00 pm, NAMI Family Support Group, <https://us04web.zoom.us/j/8316005725> or call 312-626-6799 enter meeting ID 831-600-5725

Please call the office at 740-815-1767 with any questions.

Funded by Delaware-Morrow Mental Health and Recovery Services Board